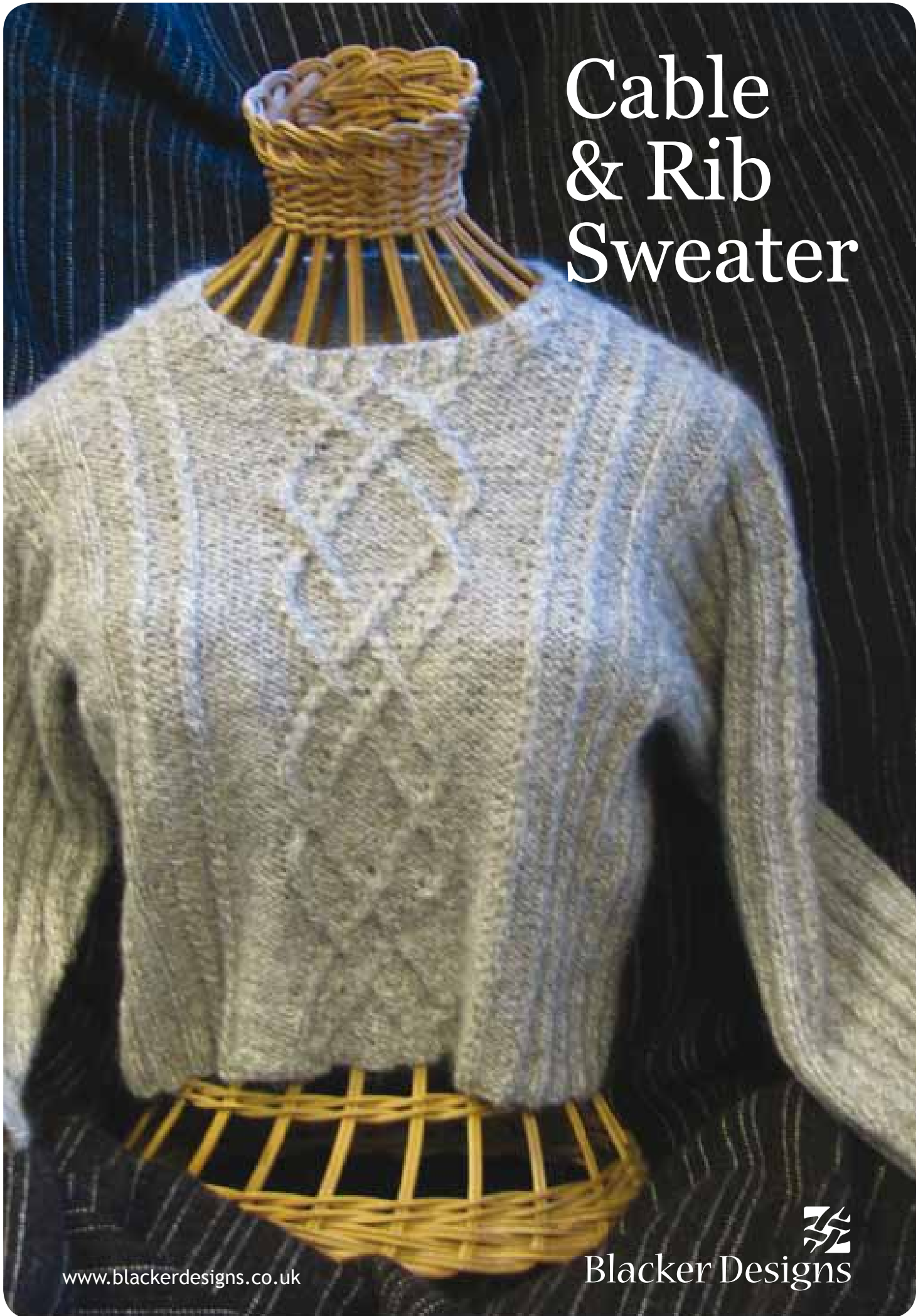


# Cable & Rib Sweater



# Cable and Rib Sweater

in Natural Fibre Company Jacob wool & mohair yarn

Two lengths: conventional or cropped to waist  
Ribbed back and sleeves, cable panel front  
Size: chest 106cm (42") when pressed  
Length: two versions: from top back neck 50 cm (20") for cropped length  
OR from top back 66 cm (27") for longer length

## Materials:

500g NFC 50/50 Jacob wool/mohair for cropped sweater  
650g NFC yarn as above for longer sweater. Add 50 g if turtle neck desired  
1 pair 4.5mm needles, 2 stitch holders or spare needles, a few stitch markers (or coloured thread)

## Tension Sample:

Cast on 30sts. Work 30 rows in 3 x 2 (k2, p3, k2, p3 front and p2, k3 back) rib.  
Wash sample, press flat.  
Measures when dry: 14cm wide x 13.5cm, approx 21sts x 22 rows=10cm (4").  
Adjust needle size to give required tension.

## Method:

### BACK

With 4.5mm needles cast on 112 sts by cable cast on method.

Row 1: k2 (p3, k2) Repeat to end.

Row 2: (p2, k3) Repeat to last 2 sts, p2.

Repeat these 2 rows till work measures 25 cm (10") (cropped) or 40cm (16") longer.

### SHAPE UNDERARM

TIP: to minimise "stepping" effect of shaping, slip through back of st the first stitch you are going to cast off.

Cast off 5 sts at start of next 2 rows, 3 sts at start of next 2 rows and 1 st at start of next 10 rows. 86 sts remain. Continue without further shaping till work measures 48cm (22") or 63cm (27").

### SHAPE NECK AND SHOULDER.

Work 30 sts. Turn for neck edge and work back along these 30 sts as follows. Slip 1st stitch, K1, pssso and work to end of row.

At shoulder edge cast off 9 sts. Work to neck edge. Repeat the last 2 rows then decrease once more at neck edge. At shoulder edge cast off remaining sts. Place centre 26 sts on a holder. Complete other side to match.

### FRONT

with central twisted cable panel of 26 sts on a reverse st st background of 6 sts at each side. Total central panel is 38sts. The 2 rib columns on either

side of the panel may be twisted if liked.

Cast on 112 sts.

Row 1: Work in rib as before for 37 sts. Start centre panel. p6 for background, p1, T4L, T4R, p8, T4L, T4R, p1. Background: p6. Complete row in rib 3 and 2 rib to match. Maintain st st background to cables, and 3 x 2 rib throughout.



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Instructions are now for cable panel only.

Row 2: k2, p6, k10, p6, k2  
Row 3: p2, C6F, p10, C6F, p2  
Row 4: as row 2  
Row 5: p1, T4R, T4L, p8, T4R, T4L, p1  
Row 6: k1, p3, k2, p3, k8, p3, k2, p3, k1  
Row 7: T4R, p2, T4L, p6, T4R, p2, T4L  
Row 8: p3, k4, p3, k6, p3, k4, p3  
Row 9: k3, p4, T4L, p4, T4R, p4, k3  
Row 10: p3, k5, p3, k4, p3, k5, p3  
Row 11: T4L, p4, T4L, p2, T4R, p4, T4R  
Row 12: k1, p3, k5, p3, k2, p3, k5, p3, k1  
Row 13: p1, T4L, p4, T4L, T4R, p4, T4R, p1  
Row 14: k2, p3, k5, p6, k5, p3, k2  
Row 15: p2, T4L, p4, C6B, p4, T4R, p2  
Row 16: k3, p3, k4, p6, k4, p3, k3  
Row 17: p3, [T4L, p2, T4R] twice, p3  
Row 18: k4, p3, [k2, p3] 3 times, k4  
Row 19: p4, T4L, T4R, p2, T4L, T4R, p4  
Row 20: k5, p6, k4, p6, k5  
Row 21: p5, C6F, p4, C6F, p5  
Row 22: as row 20  
Row 23: p4, T4R, T4L, p2, T4R, T4L, p4  
Row 24: as row 18  
Row 25: p3, [T4R, p2, T4L] twice, p3  
Row 26: as row 16  
Row 27: p2, T4R, p4, C6B, p4, T4L, p2  
Row 28: as row 14  
Row 29: p1, T4R, p4, T4R, T4L, p4, T4L, p1  
Row 30: as row 12  
Row 31: T4R, p4, T4R, p2, T4L, p4, T4L  
Row 32: as row 10  
Row 33: k3, p4, T4R, p4, T4L, p4, k3  
Row 34: as row 8  
Row 35: T4L, p2, T4R, p6, T4L, p2, T4R  
Row 36: as row 6

Repeat these 36 rows once and then work to pattern as many rows as needed to reach 25cm (10") or 40cm (16").

SHAPE UNDERARM as given for BACK

Continue till piece measures 40 cm (16.5") OR 56 cm (22.5")

NECK SHAPING

Work 33 sts and turn.

Row 1: sl 1, k1, pss0, work to end.

Row 2: work to last 2 sts, k2 tog

Repeat these 2 rows once. 29 sts remain.

Now decrease on right side rows only to 27 sts.



SHOULDER SHAPING:

Cast off 9 sts at armhole edge in next and alternate row. Do not decrease at neck edge.

On next alternate row cast off remaining sts.

Place central 20 sts on a holder. Finish second shoulder to match.

SLEEVES

as given are thumb tip length intended to sit on the hand not fold back. To shorten, reduce welt to 7 cm / 3" and adjust again at sleeve top.

Cast on 52 sts. Start in 2 x 2 rib, twisting all rib lines on the right side of the work...

Work without shaping for 12 cm (5"). Wrong side facing, increase 1 st in all the knit ribs to create 3 x 2 rib.

Next row. RS facing, continue twisted ribs in 3 centre rib lines only. Increase at both ends of next and every following 4th row to 102 sts. Periodically mark increase rows with stitch markers or thread for accurate joining. Continue to 53cm (21") or desired sleeve length. Cast off 5 sts at start of next 4 rows. Cast off remaining 82 sts.

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For adventurous knitters: ALTERNATIVE SLEEVE METHOD knitted downwards.

With right sides together, sew up one shoulder, taking care to match rib lines. Open out work. Starting from the 3 st cast off on body, mark sections as follows: 4 each on Back and Front 10 sts to each section. Allow for 2 extra knit sts at shoulder seam for centre line of sleeve. Starting with 2 k sts, pick up and work 3 x 2 rib along the 40 sts to shoulder. Work 2 centre k sts and then 40 sts in 3 x 2 rib to other armhole decrease. Turn. Cast on 5 sts. Work in pattern to row end. Repeat this row 3 times.

Continue to work down sleeve in 3x2 rib (with 3 twisted ribs at centre) without shaping for 6 rows. Decrease at both ends of next row and every 4th row to 66 sts. For a clean sleeve seam, mark a few decreases for exact joining later. Continue till work measures 40cm (16"). Adjust length here if needed. Welt: Wrong sided facing, k 2 tog in all 3 st. ribs to give 2 x 2 rib. Right side facing, work twisted rib on knit sts across the whole row. Continue in twisted (2 x 2T) rib for 12cm (5"). Cast off.

MAKE UP, both methods

Sew up right shoulder, Wrong side facing pick up loops without knitting as follows: side of back neck 5 sts, stitch holder 26 sts, other side back neck 5 sts, side front neck 18 sts, front stitch holder 20 sts, side front neck 15 sts.

Right side facing, at front neck edge, knit and increase as follows: (K1 from needle, k1 from below next st, P2). Repeat four times. Work sts from holder in 2x2 rib. Increase in side neck as before to shoulder seam. Back neck (k1, k1 below st, p2) twice. Work 3 x 2 rib across sts from holder. Finish other side neck in same manner.

Next row, wrong side, work all sts as they present themselves.

Next row: Continue in 2x2 rib. Optional: twist sts. Work 2.5cm (1") in chosen pattern. Cast off loosely. Complete second sleeve. Sew all seams. Allow underarm body sides to wrap 2.5cm (1") around sleeve top

Wash garment. Block to dry, or dry flat and steam press to correct measurement when dry.

**Care advice:** Hand wash in cool water using a liquid wool wash. Spin dry. Do not tumble dry. Spread on a towel, hand pressing garment to shape and correct size. Store folded.

**Variations:** For a larger size, add 10 sts to both the Front and the Back i.e. one 3x2 rib on either side of the centre panel. Add 2 (2,1) sts in that sequence to the shoulder cast offs. The crop version will make one larger size (add 3 cm length also) but will not sit well after that. The sleeve opening and sleeve will accommodate 1 larger size but should then be adjusted. For the larger size allow a further 50g. Turtle neck, decorative option. Work neck for 5 cm (2") in 2x2 rib, change to 3 x 2 at fold over. Arrange ribs to match front of garment. Twist ribs if preferred. Work a further 8cm (3") or more for a deep turtle neck. Allow a further 50g for this neck. Variation on whole sweater (less skinny fit): work centre panel as given. Work remainder in seed st or moss st with 3 line rib panels at centre of sleeves and 5 line rib at centre of back of sweater. Variation on panel: knit the pattern flat rather than twisted.

Additional Notes

*The sweater was knitted on one needle size for the convenience of kit makers wanting to include all equipment. Smaller needles may be used for neck, welt and cuffs.*

*The cable panel was derived from the Harmony Guide to Aran and Fair Isle Knitting, edited by Debra Mountford. ISBN 0-517-88405-4. This source should be mentioned if the pattern is published. Several of the cable panels in that publication can be substituted for the one chosen*

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